

Stephanie Hamilton-Oravetz, Ph.D.

Clinical Psychologist

California Psychologist License Number PSY 14043

Phone: (707) 578-9316

Education

- 1985-1992 California School of Professional Psychology, Berkeley/Alameda, California
Ph.D. Clinical Psychology
M.A. Clinical Psychology
Dissertation: Patterns of Attachment and Grief in Primary Care Medicine Patients
- 1981-1982 University of California at San Francisco, San Francisco, California
Medical Anthropology Program
- 1976-1981 Stanford University, Stanford, California
M.A. Anthropology
A.B Anthropology with Honors and Distinction

Professional Internship Training

- 1992-1994 Post-doctoral Internship, Neuropsychology Service, San Francisco General Hospital, Department of Psychiatry, San Francisco, California.
- 1991-1992 Post-graduate Internship, Hospice of Marin, Corte Madera, California.
- 1989-1990 Pre-doctoral Internship, Pacific Presbyterian Hospital, Department of Psychiatry, San Francisco, California
- 1988-1989 Pre-doctoral Internship, Department of Family Practice, University of California at Davis Medical School, Sacramento, California

Clinical and Practice Interests

Psychodiagnostic and neuropsychological assessment with adults focused on comprehensive understanding of loss, trauma, and post-traumatic and neuropsychiatric conditions, particularly in underserved and socioeconomically and culturally marginalized groups. Advocating for patients with developmental disabilities and neuropsychiatric conditions in clinical and forensic settings. Educating, training and consulting with graduate students in clinical psychology, medical interns and residents, hospital and clinic-based staffs and the public, particularly regarding managing loss and trauma, and the appropriate and competent use of neuropsychiatric and personality assessment measures including the Rorschach. Understanding the role of creativity, resilience and the arts in managing loss and trauma in clinical populations, non-clinical populations and artists.

Current Professional Work Experience

1994 - present Private Practice, Santa Rosa, California

Prior Professional Clinical Experience

- 1999-2009 Staff Psychologist, Langlely Porter Psychiatric Institute, University of California at San Francisco (UCSF), based at the Neuropsychology Service, Division of Psychosocial Medicine, Department of Psychiatry, San Francisco General Hospital (SFGH), San Francisco, California.
- 1999-2001 Adjunct Clinical Faculty, Psychological Services Center, California School of Professional Psychology (now known as Alliant International University, California School of Professional Psychology, San Francisco Bay Campus), Alameda, California.
- 1998 - 1999 Vice President - Scientific Affairs - Alertness Solutions, Cupertino, California.
- 1994 - 1998 Consulting Neuropsychologist, San Francisco Department of Public Health, Castro-Mission Health Center (Health Center # 1), San Francisco, California.

- 1990-1991 Staff Therapist, Outpatient Psychotherapy Clinic, Pacific Presbyterian Hospital, Department of Psychiatry, San Francisco, California
- 1987-1988 Student Intern, Napa County Human Service Delivery System, Adult and Child Outpatient Services, Napa, California
- 1986 Student Intern, Northeast Lodge, San Francisco, California
- 1982-1983 Women's Advocate, YWCA Women's Emergency Shelter Program, Santa Rosa, California

Prior Professional Teaching Experience

- 1996 - 2004 Adjunct Teaching Faculty, Alliant International University, California School of Professional Psychology, San Francisco Bay Campus, Alameda, California.
- 1996 -1998 Core Faculty, Psy.D. Program, Graduate School of Professional Psychology, John F. Kennedy University, Orinda, California.

Prior Professional Research Experience

- 1991-1996 Staff Research Associate, AIDS Coping Project, Center for AIDS Prevention Studies, University of California at San Francisco, San Francisco, California.
- 1979-1980 Research Assistant, Sleep Research Facility and Institute for Medical Research, Stanford Sleep Disorders Clinic and Research Center, Stanford University Medical Center, Stanford, California.
- 1977-1980 Co-therapist and Research assistant Self-Management Research Group and Health Behavior Research Group, Center for Educational Research at Stanford, Stanford, California

Honors and Awards

- 2006 UCSF Department of Psychiatry Staff Performance Award

Presentations – Trauma, Loss, Creativity

- Hamilton-Oravetz, S. (1995) Creativity and early parent loss. Guest Lecturer in Gerontology Lecture Series, Gerontology Program, Sonoma State University, Rohnert Park, California.
- Hamilton-Oravetz, S. (1995) Creativity and early parent loss: Images of loss and mastery in the work of Rene Magritte. Workshop presented at Through the Broken Window: A Conference on Loss and Grief, co-sponsored by Hospice of Petaluma and Sonoma State University, Rohnert Park, California.
- Hamilton-Oravetz, S. (1996) Coping with loss and grief after AIDS. Presentation to faculty and staff of the Division of Adolescent Medicine, University of California at San Francisco, San Francisco, California.
- Hamilton-Oravetz, S. (1993) Grief, loss and attachment: Scoring, interpretation and research with the Modified Berkeley Attachment Interview. Guest Lecturer in the Research Methods Course - Attachment Focus, California School of Professional Psychology, Alameda, California.
- Hamilton-Oravetz, S. (1993) Coping with grief and loss after SIDS. Presentation to the Redwood Empire SIDS Affiliate of the National Sudden Infant Death Syndrome Association, Petaluma, California.
- Hamilton-Oravetz, S. (1990-1993) Early parent loss, trauma and creativity: The case of Rene Magritte. Guest Lecturer, Attachment and Adult Development Class, Mills College, Department of Psychology, Oakland, California.
- Hamilton-Oravetz, S. (1991) Bowlby's Attachment Theory and mourning: Theory and recent contributions from child and adult attachment research. Counseling Staff In-Service training, Hospice of Marin, Corte Madera, California.

Presentations – Psychodiagnostic and Neuropsychological Assessment

- Hamilton-Oravetz, S. (2003) Indications for and cultural diversity considerations in neuropsychological assessment. Presentation to staff of San Francisco County Jail Psychiatric Services.
- Hamilton-Oravetz, Ph.D. (2002) Neuropsychological assessment. In-service presentation to Emergency Department Case Management Staff, San Francisco General Hospital.
- Hamilton-Oravetz, S. (2002) Rorschach update. Guest lecturer, Assessment Seminar, Child and Adolescent Services, San Francisco General Hospital.
- Hamilton-Oravetz, S. (2002) Cognitive assessment. Guest lecturer, Assessment and Management of Common Psychiatric Symptoms. University of California San Francisco, School of Nursing, San Francisco.
- Hamilton-Oravetz, S. (2002) Neuropsychological assessment. Panel presentation, Services for the Learning Disabled Clients, Northern California Association of Assessment Counselors.
- Hamilton-Oravetz, S. (2000) Working with patients with mental retardation/developmental disability: Clinical and practice issues for primary care providers. Presentation to Residents at the General Medicine Clinic, San Francisco General Hospital.
- Hamilton-Oravetz, S. (2000) Introduction to neuropsychological assessment. Presentation to incoming Psychiatry Residents, Department of Psychiatry, San Francisco General Hospital.
- Hamilton-Oravetz, S. (1999) Sleep and fatigue core education module. Presentation to staff at Union Pacific Railroad, Omaha, Nebraska.
- Hamilton-Oravetz, S. (1998) Difficult Rorschach scoring issues with the Comprehensive System. Guest Lecturer, Psychodiagnostic Assessment classes, California School of Professional Psychology - Alameda, California.
- Hamilton-Oravetz, S. (1998) Psychological Assessment with Children and Adolescents. Guest Lecturer, Child and Adolescent Therapy course, John F. Kennedy University, MA Program, Orinda, California.
- Hamilton-Oravetz, S. (1998) Portfolio careers: What professionals with degrees in Clinical Psychology are doing. Panel member for presentation coordinated by the Career Development Center at John F. Kennedy University, Orinda, California.
- Hamilton-Oravetz, S. (1997) Brief evaluation of mental status and cognitive functioning using the Mini Mental Status Examination. Presentation to the Public Health Nursing Staff at Castro-Mission Health Center, San Francisco, California.
- Hamilton-Oravetz, S. (1995) Coping with HIV related cognitive impairment and HIV dementia. Presentation to faculty, students and staff of the Division of Adolescent Medicine, University of California at San Francisco, San Francisco, California.
- Hamilton-Oravetz, S. (1994) Neuropsychological assessment of HIV-related cognitive impairment and dementia. Presentation to the medical staff at Castro-Mission Health Center (Health Center # 1), San Francisco, California.
- Hamilton-Oravetz, S. (1994) The Halstead-Reitan Battery in neuropsychological assessment. Guest Lecturer in the Clinical Issues in Neuropsychology Series, Department of Psychology, University of California at Berkeley, Berkeley, California.
- Hamilton-Oravetz, S. (1991) Rorschach content and sequence analysis. Guest Lecturer, Psychodiagnostic Assessment class, California School of Professional Psychology - Alameda, Alameda, California.
- Hamilton-Oravetz, S. (1990) Rorschach update: Recent changes in the Comprehensive System Guest Lecturer, Psychodiagnostic Assessment class, California School of Professional Psychology - Alameda, Alameda, California.
- Thoresen, C., Rosekind, M.R., Coates, T.J., Kirmil-Grey, K., Garson, G., George, J., & S. Hamilton. (1978) Telephone transmission of all-night polysomnographic data from subject's homes. Presentation and scientific exhibit, Association for the Psychophysiological Study of Sleep.

International Presentations

- Hamilton-Oravetz, S. (1999) Fatigue countermeasures. Presentation at the Canadian Aviation Safety Seminar 1999, Vancouver, Canada, May 11, 1999.
- Rosekind, MR and Hamilton-Oravetz, S. (1999) Reducing crew fatigue: Alertness management strategies. Seminar presented at the International Air Transport Association In-flight Management Conference 1999, Amman, Jordan, May 4, 1999.

Selected Publications

- Rosekind, MR., Hamilton-Oravetz, S., Flower, D. (1999) Managing travel fatigue: A guide for the duty traveller - A British Airways/Alertness Solutions guide. British Airways Health Services, British Airways, Waterside, Hammondswoth, UK.
- Rosekind, MR., Hamilton-Oravetz, S., Sweet, D., McCoy, J., Co, E., and Gregory, K. (1999) Show me the data: Which fatigue countermeasures work? Flight Safety: Management, Measurement and Margins. Flight Safety Foundation, Amsterdam, Netherlands. March 1999.
- Hamilton-Oravetz, S. (1995) Coping with HIV-related cognitive impairment. UCSF AIDS Coping Project Newsletter, August.
- Hamilton-Oravetz, S. (1993) Coping with grief after SIDS. Unpublished handout prepared for distribution by the Redwood Empire chapter of the Northern California Sudden Infant Death Syndrome Association.
- Callahan, E.J., Hamilton-Oravetz, S. & A. Walker. (1992) Psychotherapeutic intervention for unresolved grief in primary care medicine. In Vandecreek, L., Knapp, S. & Jackson, T. Innovations in Clinical Practice: A Source Book, Volume 11, 495-503.
- Coates, T.J., Killen, J., Silverman, S., George, J., Marchini, E., Hamilton, S., & Thoresen, C. (1983) Cognitive activity, sleep disturbance and stage specific differences between recorded and reported sleep. Psychophysiology, 20, 243-250.
- Coates, T., Killen, J., George, J., Marchini, E., Silverman, S., Hamilton, S., & C. Thoresen. (1982) Discriminating good sleepers from insomniacs using all-night polysomnograms conducted at home. Journal of Nervous and Mental Disease, 4, 224-230.
- Rosekind, M.R., George, J., Hamilton-Oravetz, S., Jacobson, S. & C. Thoresen. (1982) A comprehensive guide to telephone transmission of polysomnographic data from the home. Unpublished manuscript, Stanford University.
- Coates, T., Killen, J., George, J., Hamilton, S., & C. Thoresen. (1981) First-night effects in good sleepers and sleep maintenance insomniacs when recorded at home. Sleep, 4, 293-298.
- Hamilton, S. (1981) Suo Yang: Study of a Chinese folk illness. Unpublished MA Thesis, Stanford University.
- Hamilton, S. (1981) The evolution of traditional Chinese and Indian medicine: Acupuncture and Ayurveda. Unpublished Senior Honors thesis, Stanford University.
- Thoresen, C., Burnett, K., Rosekind, M., George, J., Clark, J. & S. Hamilton. (1980) Chronic stress and reported sleep disturbance. Sleep Research, 9, 250.
- Rosekind, M., Thoresen, C., Coates, T., Kirmil-Grey, K., Garson, G., George, J., & S. Hamilton. (1979) Transmission of polysomnographic data from subjects' homes via telephone. Sleep Research, 7, 299.

Professional Affiliations

- Member, American Psychological Association
Member, International Rorschach Society
Member, Redwood Psychological Association
Member, Society for Personality Assessment

References

Available upon request